



Transition Year News

INSIDE

THIS ISSUE

- * Work Experience
- * Saint Vincent de Paul
- * Walk a mile in my shoes
- * One World Week
- * Sásta
- * AIB Build a Bank Challenge
- * Aware
- * Adaptable School programme

WORK EXPERIENCE

On Monday 11th to Friday 22nd of November 2013 we participated in the first phase of our work experience programme. We organised our own work placements in a career area that we have an interest in. We could choose two different workplaces for each week if so desired. When we returned to school we discussed our placements in class. We all felt it was a very worthwhile experience and would highly recommend this part of the programme. It was great to get an insight into the working world. We are all looking forward to the second phase of our work experience in March. We sincerely appreciate the following employers who facilitated us during the two weeks of work placement.

List of employers

Ms Sheila Mc Manus, Drumkeeran
Ms Fiona Reynolds, Tarmon National School
Mr Richard Mc Tiernan, CMCS Security, Drumkeeran
Mr Pdraig Kenny, St Hughs NS, Dowra
Mrs Maureen O Keffe, St Bridgets NS, Drumkeeran
Ms T O Loughlin, Dorothy Perkins, Sligo
Ms Kathleen Mc Govern, Kate Gorgeous, Blacklion
Ms Carmel Mc Girr, Mc Nean Bistro, Blacklion
Ms Ann Marie Honeyman, The Hair and Beauty Shop, Drumshanbo
Ms Clarie Kilgallon, Enterprise Centre, Belcoo
Ms Pauline Mc Govern, Dowra Childcare
Ms Teresa Cassidy, Dromahair playschool
Ms Grainne Regan, Enhance Beauty Salon, Boyle
Ms Marie Healy, ISPCA, Arigna
Ms Vallery O Sullivan, Cats Aid, Dublin
Mr Michael Crawford, Newbridge, Leirim
Mr Gerry Mc Morrow, Dowra
Mr Gabriel Clarke, Clarke Butchers, Drumkeeran



Ms Bernie Cleary, Manor Rangers, Manorhamilton
Mrs Ann Flanagan, Scoil Naomh Padraig, Blacklion
Garda Station Carrick on Shannon
Mr Declan Mc Cawley, Decs Autos, Manorhamilton
Mr Anthony Fowley, Grease Monkey Garage, Sligo
Mr M Mc Niff, Blacklion
Mr Paul Gallagher, Lough Allen College
Ms Tara Scott, Curravagh NS, Glangevlin
Ms Mar Kelly, Carrick on Shannon
Mr David Mc Manus, Manorhamilton Road
Mr Sean Clancy, GWP Leisuredeck, Glenfarne Wood Products Ltd
Mr Damien Grogan, Grogan & Currid, Drumkeeran
Mr Tom Faughnan, Ophardt Ireland Ltd, Sligo
Mr Joseph Mc Goldrick, Londis Store, Dromahair
Mr Padraig Fallon, La Nua, Ballinamore
Mr Maurice O Donnell, Corry, Drumkeeran
Ms Mirium Keirns, Arigna Mining Experience
Mr Stephen Smith, Ballymote, Sligo
Mr Declan Mc Cauley, Manorhamilton
Ms Hailey Fox, Breifne Resource Centre, Carrick on Shannon

SAINT VINCENT DE PAUL—YOUTH FOR JUSTICE

Ms Sharon Tuohy, Youth Development Officer with Saint Vincent de Paul came to our school to give us a talk on the Youth for Justice project. This project is about inspiring young people to understand and take action on social justice in their own local area. There are four kinds of social justice projects which students can choose from. We will undertake one of these projects as a class under the guidance of our teacher Mrs Una Killoran.

WALK A MILE IN MY SHOES

As part of World Mental Health Day on October 10th, we organised a charity event with our teacher Mrs Shannon called “Walk in my Shoes”. This campaign was established after a 16 year old service user in St. Patrick’s University Hospital said he wished his friends could put themselves in his shoes and gain a better understanding of mental health difficulties. On the day all students were asked to wear fun, funky or mismatched shoes. The funds raised (€223) was donated to St. Patrick’s Hospital in Drumcondra and it will be used to provide mental health services to vulnerable young adults who otherwise could not afford them. We all enjoyed the day.

ONE WORLD WEEK

During October, Valerie Duffy, from the National Youth Council visited our school to talk to our class about “One World Week”. This is programme which examines how our youth is connected to the world through people, food, clothes, politics, music and technology. The students discussed the question “What type of world do young people want?”

PHOTO GALLERY

Sásta



James Earley getting his body composition analysis completed by Paul Mc Tiernan, Manager of Sásta, Carrick-on-Shannon

On Thursday 7th of November, Fiona Egan and Paul Mc Tiernan from Sásta came to our school. They gave a talk to us on the topic of enterprise. Fiona, the founder of Sásta gave a presentation on what inspired her to set up her franchise. She answered in great detail questions from our students. Paul Mc Tiernan, manager of the Carrick-on-Shannon franchise then did a body composition analysis for students. This provided for some interesting chat among the students over their lunch break. Some teachers also volunteered to get their composition completed giving them an insight into their health. The students thoroughly enjoyed the visit from Fiona and Paul. We would like to thank them for giving up their time to come to our school to facilitate our students.

AIB BUILD A BANK CHALLENGE

Rachel Mc Namara, the North West Regional Co-ordinator and Martina Gilrane, student officer from AIB Manorhamilton came to our school to talk to us about the AIB Build a Bank Challenge competition. This programme involves setting up, running and managing a bank in the school. We will have to source new customers and encourage regular savings. You also must provide ongoing customer service and keep accurate financial records. Gavin Patton, the manager at AIB Manorhamilton, interviewed students who wished to participate in this competition. Fifteen students applied for the six positions. The successful applicants included: James Morrison (bank manager), Bronagh Doherty (assistant bank manager), Aileen Forde (Financial Controller), Linda Mc Cabe (Sales and Marketing Executive), Luke Fee and Liam Mc Manus (Customer Service Representatives). Well done to the final six and to the three assistants who were chosen namely: Annette Clarke, Cliona Mc Grail and Noel Mc Govern. Details of the launch of our bank will be in our next edition. Ms Dore would like to thank Gavin, Rachel and Martina for giving the students the opportunity to run this school bank in association with AIB.

AWARE

Emer Dolphin, from Aware came to our school to present the “Beat the Blues” programme. This programme is about awareness of depression and minding your mental health. Emer played some powerful and thought provoking video clips as part of her presentation.

ADAPTABLE SCHOOL PROGRAMME

Katie and Yvonne from Adaptable Solutions completed a school programme about disability awareness with our students. We did quizzes and learned how the environment is used by everyone. We got the opportunity to experience carrying shopping while on crutches and some sign language. The highlight of the day was racing each other around the school in wheelchairs. This programme raised our awareness about the lack of facilities for those in wheelchairs and others who have visual and hearing disabilities.